



Dr Nashaba Matin Course Director
Dr Subathira Dakshina Education Faculty
Dr Simon Rackstraw Education Faculty
Email: hivapollocourse@gmail.com

HIV Apollo 2026

Friday June 19th
Milton Lecture theatre, Garrod Building Royal
London Hospital, E1 1FR

Program for the day

9.00 am: Arrival tea/coffee - served in the Old Library, Garrod Building.

9.20 am: Welcome - *Dr Nashaba Matin, Course Director*

9.30 am: Session 1 – Storm warning; HLH as a critical complication of HIV

Dr Frederick Chen - Consultant Haematologist, Barts Health NHS trust

Case studies – *Dr Jozef Shaw*

Q and A session - *Chaired by Dr Nashaba Matin, HIV Apollo Course Education Faculty*

11 am Coffee Break - served in the Old Library, Garrod Building

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11.15 am: Session 2 – From symptoms to scans – A diagnostic journey

Dr Curtis Offiah – Consultant Neuroradiologist, Barts Health NHS Trust

Case studies - *Dr Arjun Chandna*

Q and A session - *Chaired by Dr Simon Rackstraw, HIV Apollo Course Education Faculty*

12.45 pm: Lunch - served in the Old Library, Garrod Building

1.45 pm: Session 3 - HIV and Hepatology; Beyond co-infection

Dr Upkar Gill – Consultant Hepatologist, Barts Health NHS Trust

Case studies – *Dr Oliver Mercer*

Q and A session - *Chaired by Dr Subathira Dakshina, HIV Apollo Course Education Faculty*

3.15 pm - Tea Break - served in the Old Library, Garrod Building

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3.30 pm: Session 4 - Renal crises in patients with HIV infection

Professor Jeremy Levy – Consultant Nephrologist, Imperial College Healthcare NHS trust

Case studies – Dr Lasanthi Siriwardena

*Q and A session - Chaired by Dr Subathira Dakshina, HIV Apollo Course
Education Faculty*

4. 45 pm – Closing - Dr Nashaba Matin, Course Director

Followed by Farewell wine reception - served in the Old Library, Garrod Building

The HIV Apollo Course is kindly supported by Gilead and MSD for catering and logistics.

The education faculty retains full control over the content of the presentations or materials used at this meeting.

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Speakers Biographies

Dr Frederick Chen – Consultant Haematologist, Barts Health NHS Trust

Dr Frederick Chen FRCP FRCPath PhD is a Consultant Haematologist, Hon Senior Lecturer and QMUL Lead for immunoheamatology, Director of ITP Centre, Chief investigator of UK ITP Register. Trained in haematology at Hammersmith Hospital, Imperial and Kings College with a special interest in HLH, Lead for HLH MDT at Barts Health NHS Trust.

Dr Curtis Edward Offiah – Consultant Neuroradiologist, Barts Health NHS Trust

Dr Offiah is a Consultant Neuroradiologist and an Honorary Senior Lecturer at Queen Mary University London. He holds the degrees of Bachelor of Science, Bachelor of Medicine and Bachelor of Surgery and is a Fellow of the Royal College of Radiologists and of the Royal College of Surgeons of Edinburgh. Amongst Dr Offiah's specialist interests is neuroradiology pertaining to HIV and AIDS and Neuroinfectious diseases. He is on the Editorial Board of the national journal of the Royal College of Radiologists (Clinical Radiology). He is an appointed Guideline Committee member of the National Institute for Health and Care Excellence (NICE). He is a member of the Faculty of Forensic and Legal Medicine. He is an appointed member of the Institute for Addressing Strangulation.

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Professor Jeremy Levy - Consultant Nephrologist, Imperial College Healthcare NHS Trust

Professor Jeremy Levy is a Consultant Nephrologist at Imperial College Healthcare NHS Trust and has major clinical interests in CKD and immune mediated renal diseases especially glomerulonephritis and vasculitis. He has written textbooks on dialysis and nephrology (including the Oxford Handbook of Dialysis now in its 4th Edition, and Fast Facts in Nephrology). Professor Levy teaches extensively world-wide, and has won multiple awards for teaching. He grows food and cooks, cycles everywhere and ski-mountaineers. He is hoping his wife will become a best selling author (try "Fallen Order: intrigue, heresy and scandal in the Rome of Galileo and Caravaggio", "The Family Kitchen Garden" or "Letter in a Bottle" – "un-put-downable"). With Dr Andrew Frankel he presents the highly rated podcast "For Kidneys Sake" available to download from all the usual podcast sites and a brilliant resource!

Dr Upkar Gill (Uppy) - Consultant hepatologist and clinical scientist at Queen Mary University of London and Barts Health NHS Trust. He trained in Leeds and London through an integrated academic pathway and combines clinical practice with translational research. His work focuses on viral immunology and metabolic liver disease, particularly chronic hepatitis B, integrating immune profiling with metabolic and computational approaches. He trained in leading laboratories in London and Singapore with funding from the Wellcome Trust, National Institute for Health and Care Research, and the Medical Research Foundation. Alongside this, he has contributed to research in HIV-associated liver disease, including co-infection, immune dysfunction, and the rising burden of metabolic liver disease in people living with HIV. He has published over 75 peer-reviewed papers and received national awards including the Sir Francis Avery Jones and Sheila Sherlock medals.

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HIV Apollo Course faculty

Dr Nashaba Matin FRCP, MPH, MFPHM, Dip HIV Med – HIV Apollo course director

I am the course founder and director for the HIV Apollo course. My vision is to create an educational opportunity for colleagues to update and revise their knowledge, expertise and confidence in the initial presentation and management of HIV associated opportunistic infections in the hospital setting. I am a consultant in HIV medicine and have worked extensively in acute care for patients with advanced HIV and opportunistic infections in the London, UK and overseas (Bangladesh). I am involved in post graduate medical training and I am a post graduate examiner for the Royal College of Physicians MRCP exams and the Society of Apothecaries, Diploma of HIV Medicine.

Dr Subathira Dakshina FRCP – HIV Apollo course Education faculty

I am a Consultant in HIV Medicine at Barts Health NHS Trust. My clinical expertise and interests lie in re-engaging difficult to engage patients and advanced complex HIV clinical presentations. I am passionate about medical education and have a MSc from UCL/RCP in Medical Education. I have various medical education roles including an examiner for the Diploma in HIV Medicine and I am a Clinical Educator for the Trust.

Dr Simon Rackstraw FRCP – HIV Apollo course Education faculty

Dr Simon Rackstraw has worked for the past twenty years with a diverse cohort of HIV infected patients in East London. He works as a Consultant HIV Physician at Bartshealth NHS Trust in London, where he is the lead clinician for HIV rehabilitation and runs a specialist clinic for patients with HIV related neurological disorders. He is also the Medical Director of Mildmay Hospital UK, a specialist hospital for HIV rehabilitation which has the only inpatient rehabilitation unit for patients with HIV related neurological disorders in Europe.

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